

JUBILEE 2025



THE CATHOLIC COMMUNITY OF NORTH HARBOUR

Worshipping Communities of Allambie Heights, Balgowlah, Balgowlah Heights, Brookvale, Clontarf, Manly Vale, North Balgowlah, Seaforth and parts of Beacon Hill and North Manly



**8
SEPT
2024**
YEAR B

Under the Pastoral Care of the Augustinians

Catholic Diocese of Broken Bay

Want to receive the bulletin via e-mail? Email office@nhcatholic.org.au



23RD SUNDAY IN ORDINARY TIME

“Ephphatha!”—that is, “Be opened!”
- Mk 7:34

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. ©LPI

1ST READING

Isaiah 35:4-7

God comes with vindication.

RESPONSORIAL PSALM

Ps 145:7-10. R. v.1

Praise the Lord, my soul!

2ND READING

James 2:1-5

Do not judge by appearance.

GOSPEL ACCLAMATION

cf Matthew 4:23

Alleluia, alleluia!

Jesus preached the Good News of the kingdom and healed all who were sick.

Alleluia!

GOSPEL

Mark 7:31-37

Jesus heals the deaf man.

MASS & LITURGY TIMES

CHURCH OF ST. CECILIA

Wanganella St and White St, Balgowlah 2093

MASS:

Wednesday, 9am

Sunday, 9am

BAPTISM:

Sunday, 10.30am

1st Sundays of the month (within the 9am Mass)

*Baptism Preparation is required for first baptisms.
Contact Parish Office for more details. Thank you.*

RECONCILIATION:

Saturday, 5.00 to 5.45pm

Church of St. Kieran

YOUTH MASS:

2nd Sundays of the month
during the school term.

WEDDING:

Require six months notice and
include Pre-Marriage Course as
part of the preparation.

CHURCH OF ST. KIERAN

2 King Street, Manly Vale 2093

MASS:

Monday, Tuesday, Thursday, Friday*, Saturday,
8.30am

Saturday (Vigil), 5.30pm

Sunday, 7.30am, 9.30am, 5pm

** Adoration to the Blessed Sacrament after Mass
on Fridays.*

BAPTISM:

Sunday, 11.30am

1st Sundays of the month (within the 9.30am Mass)

*Baptism Preparation is required for first baptisms.
Contact Parish Office for more details. Thank you.*

In the spirit of reconciliation the Catholic Community of North Harbour acknowledges the Traditional Custodians of these lands on which we gather. We recognise their continuing connection to the lands and waterways and pay our respect to their elders past and present and extend that respect to all First Nations people in our community.



WELCOME TO NORTH HARBOUR

- YOU ARE INVITED
- JOIN US IN OUR VARIED CELEBRATIONS & ACTIVITIES
- CONSIDER SHARING YOUR GIFTS TO US

Scan me!



GET IN TOUCH

- ✉ OFFICE@NHCATHOLIC.ORG.AU
2 KING STREET, MANLY VALE 2093 NSW
- 🌐 WWW.BBCATHOLIC.ORG.AU/NORTHHARBOUR
- ☎ (02) 9949 4455

WHY DO WE DO THAT? Catholic Life Explained

Question:

What is the history behind feast of the Exaltation of the Holy Cross?

Answer:

Emperor Constantine's mother, Helena, is credited with having discovered the true cross around 330. She traveled to the Holy Land and uncovered the places associated with Jesus' life. Legend has it that Helena uncovered three crosses but was not able to detect the true cross until each of them was laid on a leper. Only one of them cured the leper, proving it to be the true cross. A great church was built at the site, and soon various portions of the cross were sent to other churches as relics to be venerated.

The day after the dedication of the Church of the Holy Sepulchre, September 14, 335, the actual cross was displayed for veneration. Egeria, a women traveler to Jerusalem around the year 386, kept a diary that has survived. She tells of the unique veneration of the wood of the cross that took place on Good Friday, something maintained ritually to this very day.

The Exaltation of the Holy Cross focuses on the gift of love that Jesus manifested by his total gift of self, offered for all. The cross, the ultimate form of capital punishment in its day, has become for us the ultimate symbol of love and triumph over evil and death. ©LPi

BRINGING HOME THE GOSPEL

Some people speculate that Jesus told people not to tell anyone about his miracles because he knew the best way to spread news is to tell folks it's a secret. They believe Jesus worked miracles to prove he was divine. Personally, I think Jesus meant what he said. He didn't want people just to follow him because he was a miracle-worker. He wanted them to focus on his message.

I believe the real reason Jesus healed a person was because of his compassion. He not only talked about love and forgiveness, he lived it. Jesus proclaimed his message of truth and love in everything he did, even to his death. Jesus wasn't out to prove anything. It was his great love touched by another person's faith that worked miracles.

There is a great lesson in this for all of us. We need to make sure our actions back up our words. This is especially true when dealing with children. Telling youngsters God is important without witnessing how God fits into our own lives can leave children questioning our words.

Children need to hear us talk about our faith, but they also need to see us praying, reading Scripture and giving our time in service. People believed Jesus because he was so authentic. His actions witnessed the truth of his message. Perhaps if we do the same, our love will touch the faith of another person, and we may witness some small miracles of our own.

FAMILY RESPONSE:

Have each family member talk about what he or she thinks it means to be a Christian. What can each person do differently in his or her life to be more like Christ?

PERSONAL RESPONSE:

What is the most difficult part about being a Christian? Why do you think it is difficult? How can you make it easier?

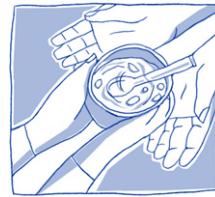
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WEEKLY SOCIAL JUSTICE CHALLENGES

So often in our world, we emphasize our differences with others instead of the things we share in common. Yet our God is everyone’s God, and Jesus came as a universal Saviour—for everyone, everywhere, all the time. If those of us who believe in Jesus can’t get along, how will we ever bring peace to our world? Your challenge this week is to participate in this special time by praying for unity and peace in our world. Then let your prayer lead you to action. What is one thing you can do as a family or household to be more connected—with the Lutheran community down the block, or the Methodist family that lives next door, or other cultures?



PASTORAL CARE FOR THE HOMEBOUND

Our clergy and pastoral care ministers bring the sacraments of Eucharist, reconciliation, and anointing of the sick to parishioners who are unable to participate because of illness or aging. For more information and to arrange receiving the sacraments, contact Parish Office.

CARE FOR CREATION TIPS

“Listen, my beloved brothers and sisters. Has not God chosen the poor in the world to be rich in faith and to be heirs of the kingdom that he has promised to those who love him?”
 –James 2:5.

Pope Francis points out repeatedly in his encyclical *Laudato Si’* that environmental degradation affects the poor and vulnerable the most. What can you do this week to offer special protection or care to the poor who are suffering from extreme weather events or other environmental impacts (lack of clean drinking water, crowded and unsanitary living conditions, etc.)?



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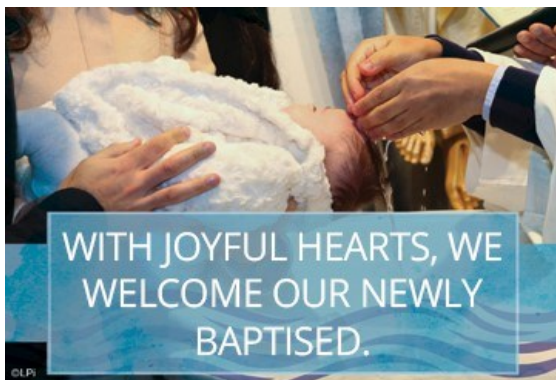
SICK CALLS

AND OTHER URGENT MATTERS

If you need a priest urgently, please call the appropriate number:

BUSINESS HOURS:
 PARISH OFFICE—9949 4455

AFTER HOURS:
(Evenings & Weekends)
 0490 898 464



PRAY FOR THOSE IN OUR COMMUNITY:

SICK:

Cecilia Yeung, Geoff Richardson, Greg Hyde, Yvonne Taylor, Erroll Abbott, Pat Cooper

RECENTLY DECEASED:

Eddie Whiley, Greg Homan, Denece Hutcheson, Peter Chang, Francis Hegarty, Patricia Sinclair,

ANNIVERSARIES:

Ross Miller, Philip Thompson, Rafaele DeFlorio, Alfonso & Adela Conado, Linda Catalano

Georgia Gloria
 daughter of Andrew & Annaliese

Hugo Nathan & Leo Harrison
 sons of Nathan & Alexandra

Our community would love to pray for you.
 If you have an intention you would like to be included in this bulletin please e-mail office@nhcatholic.org.au

Youth MASS
 Sun 8 September, 5pm
 St Kieran's Catholic Church
 2 King St., Manly Vale 2093 NSW

All welcome!
 followed by a sausage sizzle & light refreshments

CATHOLIC COMMUNITY OF NORTH HARBOUR

Young People's Alpha is a safe space to ask life's big questions

THERE'S A SEAT FOR YOU AT THE TABLE

GATHERING FOR 18-35ISH
 EVERY SUNDAY FROM 8 SEPTEMBER
 6PM IN THE PARISH CENTRE,
 2 KING STREET, MANLY VALE

SCAN ME

OFFICE@NHCATHOLIC.ORG.AU 9949 4455
 CATHOLIC COMMUNITY OF NORTH HARBOUR ALPHA

Baptism of School-Age Children

PREP SESSIONS (BOTH MANDATORY)
 8 SEPTEMBER, 11:00AM AT PARISH CENTRE
 15 SEPTEMBER, 11:00AM AT PARISH CENTRE

SACRAMENT OF BAPTISM: 29 SEPTEMBER
 10:30AM, ST CECILIA'S
 11:30AM, ST KIERAN'S

Vinnies Manly Vale CONFERENCE

WHAT DO WE DO? FORTNIGHTLY PRAYER AND PLANNING PRACTICAL/FINANCIAL ASSISTANCE WITH DONATIONS FROM PARISHIONERS HOST ANNUAL WINTER/CHRISTMAS APPEAL

WHOM DO WE HELP? WE VISIT AROUND 20 PEOPLE IN OUR AREA EVERY FORTNIGHT. WE PROVIDE THEM WITH FOOD/PETROL VOUCHERS, FURNITURE, AND OTHER SUPPORTS.

HOW DO I GET INVOLVED? CONTACT LEA JORIS: 0418 645 653 CONTACT VINNIES OFFICE: 9905 0424

St Vincent de Paul Society NSW good works

HAPPENING THIS WEEK
in our Parish

Children's Liturgy of the Word
 15 September, 9:00AM at St Cecilia's
 Children are invited to participate in hearing the Gospel, singing, and doing activities together.

Families Come Gather Mass
 15 September, 5:00PM at St Kieran's
 Join families from St Kieran's School community for Mass. All are welcome!

RCIA Program

PROGRAM COMMENCES IN OCTOBER

CONTACT URSULA FOR INFORMATION:
 0450 101 767
 FAMILIES@NHCATHOLIC.ORG.AU



BBQ COFFEE & CAKE STALL

SATURDAY, 14 SEPTEMBER (NSW ELECTION DAY)

8AM - 12PM
LED BY ST KIERAN'S SCHOOL

12PM - 3PM
LED BY OUR PARISH

Volunteers needed
Cake donations welcomed
4 stall spaces available to sell arts/crafts (booking fee/T&Cs apply)

ALL PARISH STALL PROCEEDS SUPPORT GIFT PROGRAM

TO ENQUIRE OR VOLUNTEER CALL OR EMAIL THE PARISH OFFICE



EVERY CHILD IN EVERY COMMUNITY NEEDS A FAIR GO



Access info and resources here!

Safeguarding SUNDAY

Parish Social Justice Group

At our two social justice meetings, we've identified our key focus areas for the rest of the year:

Parish GIFT Program | Vinnies | LocalKIND | Supporting isolated parishioners

WE NEED YOU!

We urgently need **Eucharistic Ministers** or people willing to make a **weekly phone call** to an isolated person to provide support and companionship. For more information or to register your interest please email Elaine at mathstutor@iinet.net.au.

NORTH HARBOUR PARISH

Liturgical Ministries FORMATION COURSES

FOR PARENTS AND TEACHERS

PARTICIPATE IN OUR SCHOOL FAMILY MASSES AS A

- READER**
PROCLAIM THE READINGS DURING MASS
- EUCCHARISTIC MINISTER**
DISTRIBUTE COMMUNION DURING MASS
- SENIOR SERVER**
ASSIST THE PRIEST AT THE ALTAR
- WELCOMER**
GREET THOSE ATTENDING MASS



FOR EXPRESSIONS OF INTEREST
SCAN THE QR CODE




Cake Stall

SUNDAY, SEPTEMBER 8
ST CECILIA'S
AFTER 9AM FAMILY MASS

ALL PROCEEDS GO TO THE PARISH GIFT PROGRAM

CATHOLIC COMMUNITY OF NORTH HARBOUR

ALTAR SERVER TRAINING

Open to parishioners of North Harbour in Year 4 through high school and have made their First Holy Communion.



FOR MORE INFO OR TO SIGN-UP, CONTACT PARISH OFFICE
(02) 9949 4455
OFFICE@NHCATHOLIC.ORG.AU



I A J Z S G E F F A T H A F Z
 V F I N G E R S D B G O X J C
 T V U D S V C G E H E A R M C
 C O Z C Q H H Y A L Q B A I B
 Z U A R O H H P F H H N I W K
 G C R O G H D O V B S M Q E I
 O X Z W M D E A N M P P I N T
 Z S M D H J C J B C I X V W O
 Q X P P D H A A M A Z E D M N
 A S N I M R P A H E A V E N G
 T M A J H I O A T O V R S E U
 W U V E G P L L E I O C Z M E
 Q J A B X O I M N L V N J D I
 Z E T H E H S B E G G E D W A
 M V J D D G O O D O G F Q X I

WORD SEARCH

Everything Jesus does is good.

TRY TO FIND THESE WORDS:

- amazed
- begged
- crowd
- deaf
- Decapolis
- Effatha
- fingers
- good
- hear
- heaven
- ten
- tongue

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Sharing the Gospel

You can hear God talk to you. He speaks to you through the Bible. He speaks to you through your parents, teachers, and friends. When you hear him, you obey his commandments. You stop pouting and stomping. You obey your parents. You put your toys away. You share your food, clothing, and blankets. You say the right words to make a friend feel better. When you listen, God helps you stay on the path to heaven.

Prayer

Open my ears to hear you clearly, Lord.

Mission

I will listen and follow my Mom and Dad's directions right away.

©LPi



Promoting a safer *Church*

The care and protection of children, young people and adults involved in Church activities is the responsibility of everyone who participates in the LIFE of the Church.

SAFEGUARDING
is everyone's responsibility



COLOR

Read the Gospel of the week and color the image.





Let our beautiful God, the Word with God, come to us that we may gaze upon Him with the eyes of our minds. He was beautiful in the womb of the Virgin where, in taking on our humanity, He nonetheless did not lose His divinity.

Commentary on Psalm 44, 3
- St. Augustine of Hippo

NEXT WEEKEND (15 SEPTEMBER): 24TH SUNDAY IN ORDINARY TIME, YEAR B

<p>1ST READING Isaiah 50:5-9 <i>The Lord stands with his prophet during opposition.</i></p> <p>RESPONSORIAL PSALM Ps 114:1-6. 8-9. R. v.9 <i>I will walk in the presence of the Lord, in the land of the living.</i></p> <p>2ND READING James 2:14-18 <i>Faith without action is useless.</i></p> <p>GOSPEL ACCLAMATION Galatians 6:14 <i>Alleluia, alleluia!</i> <i>My only glory is the cross of our Lord Jesus Christ, which crucifies the world to me and me to the world. Alleluia!</i></p> <p>GOSPEL Mark 8:27-35 <i>A follower of Christ must take up the cross.</i></p>	<p>14 SEPT, 5.30PM ST KIERAN'S</p> <p>Senior Server Stephen</p> <p>Readers Rick Elizabeth-Anne</p> <p>Music Filipino Choir</p> <p>Communion Min Volunteer needed</p> <p>Powerpoint Volunteer needed</p> <p>Welcomers Volunteers needed</p>	<p>15 SEPT, 7.30AM ST KIERAN'S</p> <p>Senior Server Michael</p> <p>Readers Andrew Elsie</p> <p>Music None</p> <p>Communion Min Volunteer needed</p> <p>Powerpoint Volunteer needed</p> <p>Welcomers Volunteers needed</p>	<p>15 SEPT, 9AM ST CECILIA'S</p> <p>Senior Server Ian</p> <p>Readers Kerry Sandra</p> <p>Music Conmen</p> <p>Communion Min Volunteer needed</p> <p>Powerpoint Volunteer needed</p> <p>Welcomers Hilde</p>	<p>15 SEPT, 9.30AM ST KIERAN'S</p> <p>Senior Server Adrian</p> <p>Readers Cathie Dale</p> <p>Music Joshua 24:15</p> <p>Communion Min Volunteer needed</p> <p>Powerpoint Volunteer needed</p> <p>Welcomers Volunteers needed</p>	<p>15 SEPT, 5PM ST KIERAN'S</p> <p>Senior Server Edelvine</p> <p>Readers SK School</p> <p>Music Vicky & SK Choir</p> <p>Communion Min Volunteer needed</p> <p>Powerpoint Volunteer needed</p> <p>Welcomers Volunteers needed</p>
	<h3>OBSERVANCES FOR THE WEEK OF 8 SEPTEMBER</h3>				
	<p>Mon 9 Sept: Monday of the 23rd Week in Ordinary Time, Year II</p>				
	<p>Tue 10 Sept: St Nicolas of Tolentino, pastor (<i>Augustinian</i>)</p>				
	<p>Wed 11 Sept: Wednesday of the 23rd Week in Ordinary Time, Year II</p>				
<p>Thu 12 Sept: Thursday of the 23rd Week in Ordinary Time, Year II</p>					
<p>Fri 13 Sept: St John Chrysostom, bishop and Doctor of the Church</p>					
<p>Sat 14 Sept: The Exaltation of the Holy Cross</p>					

The Catholic Community of North Harbour



Under the Pastoral Care of the Augustinians

Catholic Diocese of Broken Bay www.bbcatholic.org.au

Parish Office 2 King Street, MANLY VALE 2093 NSW AUSTRALIA
P 02 9949 4455 E office@nhcatholic.org.au W www.bbcatholic.org.au/northharbour

Office Hours 9.00am to 4pm (Tuesday to Friday)

Churches
Church of St Cecilia Wanganella St and White St, Balgowlah 2093 NSW
Church of St Kieran 2 King St, Manly Vale 2093 NSW

Parish Staff
Parish Priest: Fr Michael Belonio, OSA E pp@nhcatholic.org.au
Asst Priest: Fr Jumbim Torres, OSA E jtorres@nhcatholic.org.au
Asst Priest: Fr John Zhang E jzhang@nhcatholic.org.au
Deacon: Deacon Van Tu Nguyen, OSA E tnguyen@nhcatholic.org.au
Parish Manager: Jacky Worthington E manager@nhcatholic.org.au (Mon, Wed, Thu)
Parish Secretary: Jane Filacuridi E office@nhcatholic.org.au (Tue, Wed)
Parish Secretary: Anne Ross E office@nhcatholic.org.au (Thu, Fri)
Catechists, Family & Sacramental Ministries: Ursula Halloway M 0450 101 767 E families@nhcatholic.org.au
Media & Communications: Sophie Boffa E comms@nhcatholic.org.au
Music Ministry: Marianne Kaw-Deveza E music@nhcatholic.org.au
Youth & Children's Choir: Victoria Merillo E choir@nhcatholic.org.au

Resident Priests
Fr Minh-Tan Hoang, OSA E minhtanhoang@yahoo.com.au
Fr Peter Jones, OSA E peter.jones@osa.org.au (Prior Provincial)
Fr Paul Maloney, OSA E paulmal@bigpond.com (Retired)
Fr Abel van der Veer, OSA E vabelvanderveer@gmail.com (Retired)
Fr Senan Ward, OSA E senanward@bigpond.com (Chaplain, St. Augustine's College, Brookvale)

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B.Bus, J.P



 St Cecilia's Catholic Primary School



Principal: Ms Louise O'Brien



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Principal: Ms Anna Marsella



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North Harbour PARISH

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To support our Parish and our Diocese, please scan the QR code, download the Parish Giving Broken Bay App, sign in and become a regular donor. Alternatively, visit: brokenbay.goodgiving.com.au/home/brokenbay

